



Curriculum map – LIFE STUDIES

YEAR 8 TOPIC(s)	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	My Goals, Behaviour and Emotions	Prejudice, Values, Extremism and Cults	Sex, Relationships and conflict.	Discrimination, Prejudice and Challenges.	Careers and finance	Looking after our health

<p>What students will know</p>	<p>What self-confidence is and a range of strategies to be able to achieve this</p> <p>That it is important we develop certain skills and behaviours to be successful.</p> <p>How different people can develop their skills and behaviours and begin the plan to develop your own by studying a successful case study. Apply your ideas to your future profile page, detailing the steps you took to become a successful self-manager.</p> <p>How we can improve our self-awareness and sensitivity and how this can help us improve relationships by looking at a range of strategies.</p> <p>A range of mindful techniques and ways mindfulness can help our mental health.</p>	<p>The meaning of xenophobia, extreme nationalism and racism., why these three things are so dangerous to a peaceful society.</p> <p>The different religious and right-wing extremist groups and what these groups want and their beliefs. Understanding why it's important to be aware of radicalisation.</p> <p>The qualities of different leaders and judge why people might choose to follow them.</p> <p>How religious ideas are spread today and why some religious leaders are so successful in gaining new converts and followers.</p> <p>What Sharia law is and what Muslims would like other religions to know and understand about their religion.</p> <p>The signs that someone is being radicalized, how to reduce these risks and where to get help.</p>	<p>What consent is and isn't, using the cup of tea analogy– identify if consent has been given in a range of case studies?</p> <p>A range of different forms of contraception and their advantages/disadvantages.</p> <p>The signs and symptoms of most common STI and prevention and treatment for these.</p> <p>What pornography is and the problems associated with accessing this at too young an age on the brain and views of healthy relationships.</p> <p>The dangers and the laws around sexting where to get help.</p> <p>The dangers of running away from home by looking at case studies, where young people can help and advice from if there are problems at home.</p> <p>The impact that the media had on boys' mental and physical health. Where to get help with this.</p>	<p>How the Equality Act helps disabled people and present a balanced argument about how the media influences public opinion.</p> <p>The rights of the LGBTQ+ community around the world and why they are is still discrimination in some countries.</p> <p>How young people have been portrayed in the media, including when portrayal has been positive and why people may have negative ideas about young people. Ideas of how this could be changed.</p> <p>The different ways an online groomer will try to exploit someone, what the warning signs are and how this could be prevented from happening in first place. How to get help.</p> <p>The main environmental issues the world faces, what causes them and what they can do to help prevent further damage.</p>	<p>A range of different careers by completing a quiz on unifrog.</p> <p>A range of career terminology and apply these to a career they are interested in.</p> <p>A range of factors that motivate people in their careers. What motivates you for your future?</p> <p>What income and expenditure is, what is the difference between debt and credit, why might you be refused credit?</p> <p>What national insurance and income tax are, to work out these for some case studies.</p> <p>Why do we pay tax and how is this spent by the government.</p>	<p>The different health problems caused by smoking tobacco and cannabis and problems caused by nicotine and the link between addiction, nicotine and dopamine.</p> <p>How the lifestyle choices we make can put us more at risk of certain cancers and preventative changes we can make, how cancer develops in the body, how it's treated and why it can be hard to treat, the best ways we can amend our lifestyles to help lower our risks of certain cancers.</p> <p>How we can improve our levels of personal safety and what to do in different types of medical emergency.</p> <p>Demonstrate accurately new first aid skills as well as analysing the best way of minimising risk to ourselves in dangerous situations.</p> <p>The most common risky situations young people put themselves in and how to prevent these and where to get help and advice from.</p>
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What students will be able to do				The need for International Women's Day.		
	Key focus: Empathy Listen to the ideas of others and reinterpret these ideas in their own words using positive language. Seek to help others in the class, school and local community. Develop their own sense of justice and rationalise why change is needed in simple terms. Articulate their knowledge, understanding and ideas.	Key focus: Enquiring Plan and carry out research unaided and collect relevant information. Identify the strengths and weaknesses of information and whether it is relevant to their enquiry, with guidance. Consider different viewpoints on issues, events or problems.	Key focus: Risk Taking Weigh up positive and negative risks in new situations and suggest different solutions and approaches to those situations based on their assessment.	Key focus: Open Minded Recognise that other people may have different ideas and beliefs and are prepared to listen to them. May change their mind based on the ideas and beliefs of others. Show an interest in people from other cultures and backgrounds.	Key focus: Intellectual Confidence Explain their own views using examples and reasons. Ask relevant questions and select and organises appropriate information from a range of sources to find answers and develop understanding. Use selected information to explore ideas and make proposals.	
Beyond the classroom	Self-esteem and Believing in Yourself Tips and Advice https://www.youngminds.org.uk/young-person/coping-with-life/self...	Radicalisation and child protection NSPCC Learning https://learning.nspcc.org.uk/safeguarding-child-protection/radicalisation	Sexual Health & Wellbeing - Brook – Healthy lives for young people https://www.brook.org.uk	Discrimination : Mentally Healthy Schools https://mentallyhealthyschools.org.uk/.../discrimination	Financial Education - Young Enterprise & Young Money https://www.young-enterprise.org.uk/teacher-s-hub/financial-education	Catch Your Breath – the smoking and vaping programme for ... https://healthyschoolscp.org.uk/pshe/smoking-and-vaping-local-offer